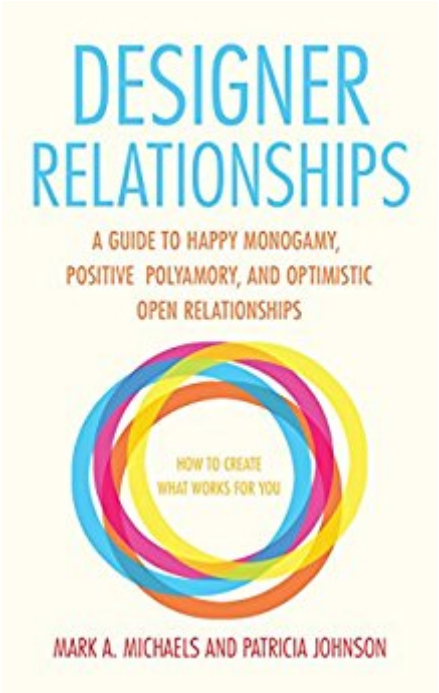
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Designer Relationships: A Guide To Happy Monogamy, Positive Polyamory, And Optimistic Open Relationships



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Synopsis

Contemporary relationships are in a state of rapid evolution. These changes can and should empower people with the opportunity to develop partnerships based on their own sexualities, understandings, and agreements. This makes it possible to create what Kenneth Haslam, founder of the Kinsey InstituteÃ¢â ¬â„¢s Polyamory Archive, has called Ã¢â ¬Å“designer relationships.Ã¢â ¬Â• Designer relationships may encompass: people who bond emotionally but not sexually; people who agree to be non-exclusive; single people who have occasional lovers or friends with benefits; multiple partner configurations where long-term bonds exist among all or some; partnerships in which people are kinky and that make room to explore kink. The possibilities are limitless, and thinking about a partnership as something people can craft allows for flexibility and change. Relationships can open and close or have varying degrees and kinds of openness as circumstances demand. In the context of a designer relationship, decisions are made mutually, consciously, and deliberately. Best-selling authors and nationally known relationship experts Patricia Johnson and Mark A. Michaels are exemplars of this life choice, and have studied polyamory for over 20 years. This book explains exactly how you and your loved ones can design your own life and love.

Book Information

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Customer Reviews

I have strongly recommended this book to people who attend the poly Meetups that I host, but this is not just another "how to do polyamory right" book. It's much more than that.This is a book that will help you to really think about, talk about, plan, and craft the meaningful, lasting, loving relationship YOU want -- whether it's monogamous, polyamorous, or any of the many other varieties of lovestyles that exist. Design the relationship that fits who you are, how you and your partner(s) want to live and love. And then make it stronger.A clearly, thoughtfully written guide written by two people whose expertise in the field I have admired for the past 16 years.I bought a copy for me, read it, and then bought copies for friends and family.

I love this book, but although it presents itself as being inclusive to monogamy, almost every mention of it is in a very negative light. While I agree on most points, some people I've felt could benefit a lot from the later parts of the book were so put off by the early "attacks" on monogamy that they never got to the rest of it. This book is pretty clearly for people who are already fed up with "traditional" monogamy and looking to see what else is available.

I love that this book is really inclusive and helpful to the entire spectrum of relationship models, and offers experience-based wisdom to figuring out how to create the loving life that's right for you. It's accessible and practical, with action-oriented ideas. And the basis of the book is that we can collaborate creatively with our partner(s) while fully embracing ourselves. Refreshing, quick read that addresses elements of polyamory and relationships rarely discussed all in one book.

This book is definitely for all relationships, the authors propound being aware and up front about what kind of relationship a person wants regardless of what that relationship looks like. While paying equal attention to monogamous and non-monogamous relationships throughout the book, the authors also include marginalized groups in their writings. All in all, a very good book that I believe will stand up to the tests of time.

A very robust overview of Open / Poly relationship concepts. Certainly eye-opening for people who haven't considered the options. Mark & Patricia don't endorse any way of relating over the other;

they want to be sure everyone has thought about their choices, and are in the relationship model that works to best satisfy the inner self.They write: "You are the designer, along with your partner or partners, and it’s up to you to create a relationship that works and to redesign it when and if appropriate. We invite you to move beyond the binary thinking that deems monogamy and various forms of consensual nonmonogamy to be irreconcilable opposites."It includes some good advice for keeping your relationship strong, which follows on their amazingÃ Â Partners In Passion: A Guide to Great Sex, Emotional Intimacy and Long-term LoveÃ Â which I’d suggest is must-have reading for everyone in (or thinking of being in) a relationship. Ie: everyone!

Since every relationship is unique, the concept of actively designing you relationship makes good sense.By actively and purposely designing your relationship or relationships everyone has a greater chance of winning. A book worth reading.

Very refreshing. To become aware that our marriage is a unique co-creation tailored to our needs and life ambitions is liberating. I highly recommend this book to anyone not willing to settle with the norm.

good

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